**爆發性行為處理歷程及建議處理原則：**

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| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | **高峰** |  |  |
|  |  |  |  | **爆發前期** |  | **緩和** |  |
|  |  |  | **前兆** |  |  | **回復** |
| 爆發性歷程 |  | **導火線** |  |  |
| **平靜** |  |
|  |
| 建議策略 |  |  |  |  |  |  |  |